



Outdoor 2024

Competition Rules

- FIFA Laws of the Game apply except for the following Shield specific rules:
 - Game duration will be 40-min halves; 10-min half time
 - Two substitution opportunities per team per half.
 - Unlimited number of substitutions may take place during these stoppages and at half time.
 - Exceptions may be made for injury.
 - Players may re-enter the field.
 - Tie games will proceed to three (3) penalty kicks awarding an extra point to the winning team.
 - If it remains a tie, kicks continue until one team has scored a goal more than the other team from the same number of kicks.
 - Shield Discipline
 - Minor dismissals (2YC cautions in a game, DOGSO) will not result in additional match suspensions
 - Dismissals for Serious Foul Play will result in 1 additional match suspension
 - Violent Conduct, Spitting/Biting at someone, using Offensive, Insulting or Abusive Language/Actions will result in Expulsion from the series and, if they participate in the league, will apply to SAS sanctioned games.
 - Anything unlisted here will follow the SAS Schedule A

Rosters

- Rosters up to 30 with max of 23 dressed each game
 - Only registered participants are allowed on the bench

Game Sheets

- Game sheets will be available at admissions when the games are played at the Sports Centre.

Field Locations

- Kinsmen & West Fields at The Saskatoon Sports Centre
 - 150 Nelson Road, Saskatoon, SK S7S 1P5

Pregame

- Dressing rooms are available at the Sports Centre but not at grass fields. Players should take their gear to their benches.
- At Sports Centre, access to change rooms is available 30-min prior to booking, if the room is available.
- Field can be accessed 15 minutes prior to the scheduled start time of the game.
- Kick off takes place at the scheduled start time.